Nursery Life Experiences

- 1) Tried blowing bubbles?
- 2) Painted with your feet?
- 3) Made a mud pie?
- 4) Run through crunchy leaves?
- 5) Learnt to use the toilet yourself?
- 6) Smelled a flower?
- 7) Gone on a listening walk?
- 8) Helped a friend to feel better?
- 9) Learnt to throw and catch a ball?
- 10) Built an obstacle course?
- 11) Jumped in a muddy puddle?
- 12) Felt different textures on objects?
- 13) Played I spy?
- 14) Gone on a bear hunt?
- 15) Made a stick man?
- 16) Dressed up as a story character?
- 17) Had a tea party?
- 18) Watched a seed grow?
- 19) Watched the clouds?
- 20) Made a bird feeder?









Reception Life Experiences

- 1) Built a sandcastle?
- 2) Met a doctor?
- 3) Visited the library and borrowed a book?
- 4) Learnt to get dressed on your own?
- 5) Gone on an autumn walk?
- 6) Made gingerbread men?
- 7) Posted a letter?
- 8) Visited the park?
- 9) Gone to the aquarium?
- 10) Planted seeds?
- 11) Made playdough?
- 12) Had a picnic?
- 13) Gone on a bug hunt?
- 14) Done something to make someone else smile?
- 15) Used a balance bike?
- 16) Learnt to use a knife and fork?
- 17) Built a den?
- 18) Watched a caterpillar turn into a butterfly?
- 19) Taken a photograph?
- 20) Paddled in the sea?







Year 1 Life Experiences

- 1) Gone rockpooling?
- 2) Learnt to turn your clothes the right way around?
- 3) Travelled on a bus?
- 4) Grown some vegetables?
- 5) Made a healthy snack for yourself?
- 6) Talked to a police officer?
- 7) Looked after an animal?
- 8) Read a story with an older person?
- 9) Visited a castle?
- 10) Learnt to peel fruit by yourself?
- 11) Played a board game?
- 12) Made a card for someone in our community?
- 13) Learnt to use scissors safely?
- 14) Learnt to draw straight lines with a ruler
- 15) Gone on a treasure hunt?
- 16) Met an author?
- 17) Taken part in a sponsored event?
- 18) Talked or performed in front of an audience?
- 19) Made up a dance with your friends?
- 20) Made a pancake and had a race?









Year 2 Life Experiences

- 1) Been on a train?
- 2) Met a dentist?
- 3) Learnt to brush your teeth properly?
- 4) Bought something in a shop with coins?
- 5) Played with conkers?
- 6) Created some wild art?
- 7) Learnt to spell your full name?
- 8) Used a map to go on a walk?
- 9) Learnt your home address?
- 10) Visited the fire station?
- 11) Made a campfire?
- 12) Toasted marshmallows?
- 13) Tried an adventurous activity?
- 14) Performed a poem to a group of people?
- 15) Made bread?
- 16) Tried a new healthy snack?
- 17) Written a letter to an important person?
- 18) Learnt who to ring in an emergency?
- 19) Brushed your hair or tied it up?
- 20) Visited a lighthouse?









Year 3 Life Experiences

- 1) Listened to an orchestra?
- 2) Composed a piece of music?
- 3) Tried a new healthy meal?
- 4) Written to a penpal?
- 5) Gone foraging?
- 6) Learnt to light a candle?
- 7) Tried cross stitch?
- 8) Grown a vegetable?
- 9) Planned a party?
- 10) Used a spreadsheet?
- 11) Sung carols to our local community?
- 12) Learnt to play an instrument?
- 13) Used a cooker hob safely?
- 14) Gone on a scavenger hunt?
- 15) Tried circus skills?
- 16) Entered a competition?
- 17) Visited a National Trust property?
- 18) Learnt to fold clothes?
- 19) Gone to a theme park?
- 20) Flown a kite?









Year 4 Life Experiences

- 1) Learnt to do first aid?
- 2) Learnt to ride a bike?
- 3) Learnt to swim a width of the pool?
- 4) Been on the Atlantic Coaster bus?
- 5) Read a cinema listing?
- 6) Had a surfing lesson?
- 7) Thought about what job you want to do when you grow up?
- 8) Learnt to play an instrument?
- 9) Followed a recipe to make something?
- 10) Volunteered at the food bank?
- 11) Stayed away from home for the night?
- 12) Saved money for something?
- 13) Faced your fears with a challenge?
- 14) Learnt how to ring for an ambulance?
- 15) Watched a live show?
- 16) Tried a technology free day?
- 17) Gone welly wandering?
- 18) Played pooh sticks?
- 19) Caught a crab?
- 20) Organised a sporting event?







Year 5 Life Experiences

- 1) Entered a music competition?
- 2) Learnt a new sport?
- 3) Planned and produced a banquet?
- 4) Learnt to knit?
- 5) Taken part in a beach clean?
- 6) Been pond dipping?
- 7) Visited an art gallery?
- 8) Been in a space dome?
- 9) Explored a new career?
- 10) Learnt survival skills?
- 11) Played the cloud shapes game?
- 12) Been part of the polytunnel care team?
- 13) Planned and raised money for a charity?
- 14) Written to a national penpal?
- 15) Created a video or blog?
- 16) Read a story to a care home resident?
- 17) Budgeted and saved money for something special?
- 18) Tried yoga?
- 19) Made a time capsule?
- 20) Done a blind folded test taste?









Year 6 Life Experiences

- 1) Taken part in crossfit?
- 2) Learnt to play chess?
- 3) Had a water balloon match?
- 4) Written to an international penpal?
- 5) Learnt about banking and money management?
- 6) Invented and coded your own online game?
- 7) Talked to a person with a different religion or faith background?
- 8) Written or made something for younger children?
- 9) Had a reading buddy?
- 10) Been orienteering?
- 11) Kept a calendar of events before?
- 12) Gone stargazing?
- 13) Completed three household chores?
- 14) Learnt CPR?
- 15) Learnt to swim 25 metres?
- 16) Visited the Minack Theatre?
- 17) Written a speech?
- 18) Taken part in a debate?
- 19) Interviewed someone?
- 20) Sent an email and uploaded attachments?



