


















WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza  Served with Potato Wedges	Cottage Pie  Served with Gravy	Roast Turkey Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma  Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
	Sweet Potato Curry  Served with Wholegrain Rice	Cauliflower Macaroni Cheese  Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast  Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables  Served with Wholegrain Rice	Crispy Quorn Nuggets  Served with Chips
JACKET POTATO	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings	Jacket Potatoes  with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 	Strawberry Jelly	Orange Drizzle with Fruit 	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

THREE WEEK MENU

AUTUMN/WINTER 2023



£2.65

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Chicken and Vegetable Korma 🍷🍷 Served with Wholegrain Rice	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice ♻️ 🍷🍷	Vegetarian Sausage ♻️ Served with Mashed Potato and Gravy	Vegetarian Cottage Pie ♻️ 🍷	Vegetarian Bolognese ♻️ 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Beetroot Brownie	Crispy Crackle Bar with Fruit 🍌	Banana Cake 🍌	Original Flapjack	Vanilla Ice Cream

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Turkey Con Chilli 🍷🍷 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍷 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Chilli No Carne with Crispy Tortilla ♻️ 🍷🍷 Served with Wholegrain Rice	Macaroni Cheese ♻️	Cheesy Leek and Carrot Crumble ♻️ 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷 ♻️ Served with Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 🍌	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍌	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍌 Fruity! 🍷 Nutritionist's Choice